



Peppercorn Services

Community Activities, Transport and Meals

**Transport
Booking
Line
4504 7022**

Bookings essential! Limited places available!

Where do you want to go today?

Peppercorn Services runs many kinds of activities and outings. Some of these are provided through Community Transport, others through our Social Meals and Support program.

Find the activity that suits you on the calendar and book your place today. You can be part of any activity, outing or group.

Do you need to get to a doctor, podiatrist, medical specialist or other health appointments? We can get you there, and home again.

When you or someone you love needs to go shopping, catch up with friends, or just get out and about, don't worry about how you will get there. We can get you there, and home again.



For all your transport needs, call community transport 4504 7022.

Please Note:

The shopping bus will not be running Monday 7 January. Instead, there will be a shopping bus on Wednesday 9 January going to Richmond for clients residing in the Mountains, Windsor, Bligh Park and Richmond. Bookings are required.

Transport for the Seniors meal program only resumes on Tuesday 8 January.

All other transport, including medical transport, resumes Wednesday 9 January.

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For more Information about Seniors Meals and Activities: 4504 7055



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Important information about these activities

Social outings are usually limited to 20 people in the group. Please book early to secure your seat.

Remember to let us know if you have important dietary requirements; e.g. do you want a vegetarian meal?

Our transport booking lines are open 9:00 am to 3:00 pm Monday to Friday. A recorded message service is always available. If we can't get to your call, please leave a message.

You can receive this newsletter by email. Give your email address to one of our staff or let them know when you make a booking and tell us that you want the newsletter by email.

Seniors Meals Program

We have published destinations for the meals program through to the end of January, 2019. Please be assured that the program, including activities, will continue beyond this date however the venues have not yet been set.

A supplementary schedule for clients of this program will be provided as soon as possible. For more information please call 4504 7055.

About our other services:

- Appointments within the Hawkesbury area require at least 2 days notice.
- Appointments for trips outside of the Hawkesbury area require 5 working days notice.
- Please call the office to make your booking as soon as you know your next appointment time. Get in early to make sure you have your trip booked.
- If you need to cancel your booked trip, please call us. Speak to the team or leave a message.
- You must be able to get on and off the bus, or in and out of the vehicle, on your own or with the assistance of a carer.
- Drivers are not permitted to sign you out of hospital or day surgery. You must have someone else at home to look after you.
- Please speak clearly and politely to our team members. Inappropriate language or behaviour will not be tolerated

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Date	Destination and Details	Your Fare, Cost of Meal and Other Information
<p>Tuesday 8 January</p>	<p>Seniors Meals Program NORTH RICHMOND PANTHERS. Start 2019 with a New Year celebration at Flavours Café. Enjoy delicious cooked-to-order meals. Call 4504 7055 to book your place at the meal. For transport, call 4504 7022.</p>	<p>Total cost transport and meal \$15 If you are driving yourself and don't need transport, meal cost is \$10</p>
<p>Thursday 10 January</p>	<p>Seniors Meals Program WILBERFORCE – HERITAGE HOTEL. Join us for a wonderful lunch at The Heritage Hotel. Call 4504 7055 to book your place at the meal. For transport, call 4504 7022.</p>	<p>Total cost transport and meal \$15 If you are driving yourself and don't need transport, meal cost is \$10</p>
<p>Tuesday 15 January</p>	<p>Seniors Meals Program RIVERSTONE SCHOFIELDS MEMORIAL CLUB – CHINESE BUFFET LUNCH: A great place to relax, dine, drink and be entertained. Call 4504 7055 to book your place at the meal. For transport, call 4504 7022.</p>	<p>Total cost transport and meal \$15 If you are driving yourself and don't need transport, meal cost is \$10</p>
<p>Thursday 17 January</p>	<p>Seniors Meals Program RICHMOND: STAR BUFFET LUNCH. Enjoy a wonderful lunch together at the Star Buffet in The Richmond Club. Meet in the Club's lounge from 11am. Call 4504 7055 to book your place at the meal. For transport, call 4504 7022.</p>	<p>Total cost transport and meal \$15 If you are driving yourself and don't need transport, meal cost is \$10</p>
<p>Tuesday 22 January</p>	<p>Seniors Meals Program NORTH RICHMOND PANTHERS. Enjoy delicious cooked-to-order meals at one of the favourites, Flavours Café. Call 4504 7055 to book your place at the meal. For transport, call 4504 7022.</p>	<p>Total cost transport and meal \$15 If you are driving yourself and don't need transport, meal cost is \$10</p>

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<p>Thursday 24 January</p>	<p>Seniors Meals Program WILBERFORCE – HERITAGE HOTEL. Join us for a wonderful lunch at The Heritage Hotel. Call 4504 7055 to book your place at the meal. For transport, call 4504 7022.</p>	<p>Total cost transport and meal \$15 If you are driving yourself and don't need transport, meal cost is \$10</p>
<p>Tuesday 29 January</p>	<p>Seniors Meals Program RIVERSTONE SCHOFIELDS MEMORIAL CLUB – CHINESE BUFFET LUNCH: A great place to relax, dine, drink and be entertained. Call 4504 7055 to book your place at the meal. For transport, call 4504 7022.</p>	<p>Total cost transport and meal \$15 If you are driving yourself and don't need transport, meal cost is \$10</p>
<p>Thursday 31 January</p>	<p>Seniors Meals Program RICHMOND: STAR BUFFET LUNCH. Enjoy a wonderful lunch together at the Star Buffet in The Richmond Club. Meet in the Club's lounge from 11am. Call 4504 7055 to book your place at the meal. For transport, call 4504 7022.</p>	<p>Total cost transport and meal \$15 If you are driving yourself and don't need transport, meal cost is \$10</p>
<p>Friday 1 February</p>	<p>WILBERFORCE – HERITAGE HOTEL. What a wonderful way to kick off our Community Transport social outings for 2019. Relax and enjoy a leisurely lunch choosing from the lunch specials or off the main menu.</p>	<p>Transport \$15 Meals at your own cost, from \$12.</p>
<p>Wednesday 6 February</p>	<p>* SPECIAL EVENT * THE ENTRANCE – FEED THE PELICANS. Join us and enjoy one of the Central Coast's most popular tourist attractions! Learn about the pelicans and other marine life and enjoy the fresh sea air. The Pelicans will be followed by dinner at the Mooney Mooney Club. This outing is wheelchair accessible. Please note that places are limited and that this will be a <u>long day</u> with a <u>late</u> finish.</p>	<p>Transport & Meal \$55 Prepaid by 25 January</p>

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<p>Wednesday 13 February</p>	<p>* SPECIAL EVENT *</p> <p>SPRINGWOOD: THE GOLDEN BOYS OF AUSSIE ROCK & ROLL</p> <p>Legendary performers Lucky Starr, Roland Storm and the John Watson Band will share songs from the Bandstand years. Featuring unforgettable hits such as "Oh Carol", "Dream Girl" and "Chase the Blues Away".</p> <p>We have secured just 20 tickets for this event, so book your place early.</p> <p>This is a special Seniors Festival Event.</p>	<p>Transport Fare: \$15</p> <p>Concert Ticket: \$20</p> <p>Prepaid by 21 January</p> <p>Meals at local cafes from \$15.</p>
<p>Friday 22 February</p>	<p>QUAKERS INN</p> <p>We're trying somewhere new today! The Quakers Inn comes highly recommended by one of our sister transport operators. Seniors lunches are half standard price and start at just \$10.00.</p>	<p>Transport \$15</p> <p>Meals at your own cost, from \$10.</p>
<p>Friday 1 March</p>	<p>GLENHAVEN: FLOWER POWER</p> <p>Join us to poke around Flower Power followed by lunch at the Glenorie RSL.</p>	<p>Transport \$25</p> <p>Meals at your own cost, from \$14.</p>
<p>Wednesday 6 March</p>	<p>ROUSE HILL: ABERDOON HOUSE & NOPPY'S CAFÉ</p> <p>We start the morning with an indulgent Devonshire Tea in Noppy's Café followed by a bus tour of Rouse Hill & surrounds.</p>	<p>Cost of transport & morning tea is \$20</p>
<p>Friday 15 March</p>	<p>PENRITH GAELS CULTURAL & SPORTING CLUB</p> <p>Celebrate Saint Patrick's Day with all the luck of the Irish just a little early at the Gaels Club for lunch in the Shamrock Grill.</p>	<p>Transport \$15</p> <p>Meals at your own cost, from \$10 - \$15.</p>

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<p>Wednesday 20 March</p>	<p>* SPECIAL EVENT * WARILLA SPORTS CLUB & ILLAWARRA TOUR. The Sporties is our destination for a delicious lunch in the bistro. Enjoy the sights of the Illawarra along the Grand Pacific Drive and take in the spectacular Scenic Coastal Bridge at Coalcliff.</p>	<p>Transport \$35 Meals at your own cost, from \$14.</p>
<p>Friday 29 March</p>	<p>MARSDEN PARK: IKEA and LINDT Get in early for your Easter shopping at Lindt with a chocolate bunny or two! Enjoy a stroll around IKEA with lunch in the IKEA restaurant or at one of the many cafes surrounding.</p>	<p>Transport \$15 Meals at your own cost, from \$8 - \$12.</p>
<p>Tuesday / Thursday February and March</p>	<p>Seniors Meals Program Please note that while the meals program will be held, the destinations for these dates have not yet been set. A supplementary schedule for clients of this program will be provided as soon as possible. For more information please call 4504 7055.</p>	

<p>April Preview Wednesday 10 April</p>	<p>* SPECIAL EVENT * SPRINGWOOD: A TRIBUTE TO NAT KING COLE Dorian Mode and his swinging trio present Nat King Vole's rise to stardom in anecdote and song. This highly entertaining show is a fitting tribute to one of the world's most beloved jazz singers. We've secured just 20 tickets for this event, so please book your place early.</p>	<p>Transport Fare: \$15 Concert Ticket: \$20 Prepaid by 21 March Meals at local cafes from \$15.</p>
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